

Information sheet

Breast enlargement

Thank you for your recent enquiry regarding a breast enlargement. At Transform Medical Group, we've been helping people transform their lives through cosmetic surgery for over 28 years and have treated more than 100,000 patients. As the UK's number one provider of cosmetic surgery and a member of the Covenant healthcare group – you can be confident that you'll receive the very best care.

This information fact sheet is designed to provide some general information on a breast enlargement procedure. However, as the decision to have cosmetic surgery is such a personal and important one, we would recommend that you take advantage of our free consultations. It is vital that you receive sound, professional advice that is tailored to your individual needs – so that you can make a well-informed decision that cosmetic surgery is right for you.

Breast enlargement

We are the largest specialist provider of breast enlargement surgery in the UK, performing more of these procedures than any other cosmetic surgery provider. We are proud to say that we have gained a reputation for achieving a completely natural looking result, using the highest quality breast implants.

Breast implant surgery is one of the most popular cosmetic surgery procedures for women in the UK. Size does matter for many women disappointed and unhappy with the size or shape of their breasts: they feel "out of proportion", "embarrassed" and "unfeminine". They want a bust that looks full, firm, balanced – and beautiful.

Over the past 28 years, thousands of women, who previously felt that their breasts were simply too small or had lost volume after childbirth or weight loss, have come to us for breast implants. As the market leader in this area, we offer a range of breast implant sizes, and the surgeon will discuss options with you during your consultation. We will recommend, and help you decide on, the right size for you after taking into account not only the look you want to achieve, but also your body shape and size. And we only use breast implants that have been awarded the European CE mark for quality assurance.

You can expect the team of highly qualified and specialist cosmetic surgeons and our nurses to use only the latest techniques and implant technology to create the fullness of natural breasts – so that you can revel in the confidence of a professional and beautiful result. A breast uplift is also very often combined with a breast enlargement to give you not only the fullness, but also the lift that you're after.

What this procedure involves

A breast enlargement procedure will be performed under a general anaesthetic by our highly experienced medical team, and will involve an overnight stay in one of our purpose-built cosmetic surgery hospitals. In some cases, you may be discharged on the same day providing you meet the discharge criteria. We recommend that you also take ten to fourteen days off work to aid your recovery.

We offer a comprehensive and extensive post-operative care programme, which includes detailed post-operative instructions and follow-up appointments with your surgeon at your local Transform clinic to ensure a speedy recovery, all at no additional cost.

Making the right decision

The decision to have cosmetic surgery is a very personal one and it is vital that you receive sound and professional advice – tailored to your individual circumstances – so that you can make a well-informed decision. If it is something you are considering, then take advantage of our free consultations. Our friendly and approachable patient care coordinators, along with the specialist surgeons will assess your situation honestly and be happy to discuss options and provide you with the information that will help you to make the right choices for you.

To arrange a free consultation, simply call **0500 20 20 20**.

a member of the **covenant** healthcare group