

# How to Find our Carlisle Central Clinic

Abbey Caldew Hospital, 64 Dalston Road, Carlisle, Cumbria CA2 5NW Tel: 01228 553 500



## By road

**From the M6** – Take the Carlisle South exit then take the 2nd exit off the roundabout towards Carlisle. Drive straight ahead for about two miles until you reach Carlisle Castle traffic lights. (rail station on left). Drive straight on, past Carlisle police station (on right) and turn left into Victoria Viaduct. Stay in the right hand lane and go through two sets of traffic lights on to Junction Street / Charlotte Street. (Dunelm Mill on right). Drive straight down the road until you get to Dixons Chimney on right, and then turn left on to Dalston Road. Abbey Caldew is 300 yards on the right.

**From the A595** – Follow signs for Carlisle and turn right on to Dalston Road. The hospital is situated after the chimney on the right.

## By rail

Carlisle rail station is situated in the centre of Carlisle. There is a taxi rank situated outside the station. The hospital is approximately five minutes by taxi.

## By bus

From Carlisle bus station take the No. 64 bus to Nelson Street. The hospital is situated around the corner.

## Sat Nav

For Sat Nav purposes, where possible please use our clinic's street name rather than the postcode.

## On arrival

You will be greeted at reception on your arrival.

Call **0800 655 6920** For a Free consultation  
or visit [www.transforminglives.co.uk](http://www.transforminglives.co.uk)



Registered by the Care Quality Commission.

**Transform**  
cosmetic surgery group