

Jane Patterson

Jane has been working in healthcare for 25 years – both in this country and abroad.

She has undergone specialist training in a vast array of non-surgical treatments. Her results are consistently excellent, meaning many of her patients specifically request her services on returning for further treatments.

Jane currently works at our clinics in Glasgow, Edinburgh and Carlisle, where she is able to recommend treatments and give advice at our free consultation sessions.



The following are some of the most popular treatments that Jane performs.

Skin Peels

A number of skin peels is available at Rejuvenate by Transform. The peel solution is typically applied to the skin which then creates an even and controlled shedding of several layers of skin cells. This allows new layers to be exposed and creates a fresh appearance to the skin surface. In addition, new cells and collagen are stimulated, creating a more even skin tone. Skin peel treatments take approximately 30 minutes and are relatively painless.

Jane can perform the following skin peels:

• **Easy TCA Peel**

A medium depth peel suitable for all skin types. Effective in reversing sun damage, treating acne, reducing fine lines and wrinkles, removing hyperpigmentation, liver spots and other visible signs of ageing.

• **Easy Phytic Peel**

A superficial peel great for a fresh complexion and the treatment of mild acne. Can also be used to maintain results by deeper peels. Suitable for all skin types.

Dermal Line Fillers

Dermal fillers are used to soften and contour lines, folds, and wrinkles. The solution is injected into the skin in the appropriate areas to add volume and to create a more youthful appearance. Often a topical anaesthetic cream is used to ensure treatments are pain free.

Jane can perform the following dermal fillers:

• **Restylane & Restylane Vital**

Restylane and Restylane Vital are crystal-clear, non-animal, biodegradable gels, based on a natural substance called hyaluronic acid and treat fine lines and wrinkles. The gel is injected into the skin in tiny amounts with a very fine needle. The results are instantaneous and produce a long-lasting, natural enhancement.

Restylane Vital is fantastic for treating the hands, neck and décolletage. Restylane lasts for up to 6 months & Restylane Vital for up to 1 year.

• **Evolence**

Evolence is injected just below the skin surface, where it replenishes lost collagen and adds support to your skin's own remaining collagen network. It restores shape and smoothes away wrinkles, lines and folds, quickly and effectively, to give your skin texture a soft even tone. Evolence lasts for up to 12 months.

Treatments continued on page 2

We're pleased to offer consultations and treatments at a time to suit you. Early evening appointments are available.

Call **0500 20 20 20** for a FREE confidential consultation on our full range of treatments or visit www.transforminglives.co.uk

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Continued treatments list

Botox now called Vistabel (Dysport only)

By injecting a very fine needle containing a muscle relaxant into the wrinkles and lines selected for treatment, Botox temporarily relaxes the nerves of the facial muscles so that they no longer crease or cause wrinkles. This procedure is painless, takes approximately 15 minutes and lasts from 6 – 9 months.

Lip Enhancement

By injecting small amounts of dermal filler into or around the lip and lip line, lips will become plumper, fuller and more shapely. A dental anaesthetic block is used to ensure maximum comfort. Our most popular lip enhancement products are Restylane, Perlane and Teosyal and can last for up to 6 months.

Vein Removal

A number of vein removal treatments are available from Rejuvenate by Transform.

Jane can perform the following vein removal treatment:

• Sclerotherapy

Sclerotherapy can be used to treat thread, spider, deep blue and varicose veins. Small amounts of solution called a sclerosant is injected, using a very fine needle, directly into the vein. This creates a mild inflammatory response causing the vein to contract so that it becomes smaller or vanishes. This treatment is for the leg area only.

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