

Sarah Garton

Sarah has worked as a non-surgical practitioner for 10 years.

As a member of the Royal College of Nursing and the Nursing and Midwifery Council, she combines her finely tuned professional skills with an approachable, caring nature – perhaps this is why so many of her patients return for further treatments.

Sarah currently works one day per week and is able to assess your needs and suggest treatments at our free consultations.

The following are some of the most popular treatments that Sarah performs.

Skin Peels

A number of skin peels is available at Rejuvenate by Transform. The peel solution is typically applied to the skin which then creates an even and controlled shedding of several layers of skin cells. This allows new layers to be exposed and creates a fresh appearance to the skin surface. In addition, new cells and collagen are stimulated, creating a more even skin tone. Skin peel treatments take approximately 30 minutes and are relatively painless.

Sarah can perform the following skin peels:

• **Easy TCA Peel**

A medium depth peel suitable for all skin types. Effective in reversing sun damage, treating acne, reducing fine lines and wrinkles, removing hyperpigmentation, liver spots and other visible signs of ageing.

• **Easy Phytic Peel**

A superficial peel great for a fresh complexion and the treatment of mild acne. Can also be used to maintain results by deeper peels. Suitable for all skin types.

Vein Removal

A number of vein removal treatments are available from Rejuvenate by Transform.

Sarah can perform the following vein removal treatment:

• **Sclerotherapy**

Sclerotherapy can be used to treat thread, spider, deep blue and varicose veins. Small amounts of solution called a sclerosant is injected, using a very fine needle, directly into the vein. This creates a mild inflammatory response causing the vein to contract so that it becomes smaller or vanishes. This treatment is for the leg area only.

Treatments continued on page 2

We're pleased to offer consultations and treatments at a time to suit you. Early evening appointments are available.

Call **0500 20 20 20** for a FREE confidential consultation on our full range of treatments or visit **www.transforminglives.co.uk**

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Continued treatments list

Dermal Line Fillers

Dermal fillers are used to soften and contour lines, folds, and wrinkles. The solution is injected into the skin in the appropriate areas to add volume and to create a more youthful appearance. Often a topical anaesthetic cream is used to ensure treatments are pain free.

Sarah can perform the following dermal fillers:

• Restylane & Restylane Vital

Restylane and Restylane Vital are crystal-clear, non-animal, biodegradable gels, based on a natural substance called hyaluronic acid and treat fine lines and wrinkles. The gel is injected into the skin in tiny amounts with a very fine needle. The results are instantaneous and produce a long-lasting, natural enhancement.

Restylane Vital is fantastic for treating the hands, neck and décolletage. Restylane lasts for up to 6 months & Restylane Vital for up to 1 year.

• Perlane

Perlane is specifically designed for shaping facial contours and works by volume augmentation. Injected into the skin, it corrects deep folds and lifts up the skin from cheeks and chin, giving a new shape to facial contours. It is also a fabulous lip enhancer. Restylane Perlane lasts for up to 6 months.

Botox now called Vistabel

By injecting a very fine needle containing a muscle relaxant into the wrinkles and lines selected for treatment, Botox temporarily relaxes the nerves of the facial muscles so that they no longer crease or cause wrinkles. This procedure is painless, takes approximately 15 minutes and lasts from 6 – 9 months.

Lip Enhancement

By injecting small amounts of dermal filler into or around the lip and lip line, lips will become plumper, fuller and more shapely. A dental anaesthetic block is used to ensure maximum comfort. Our most popular lip enhancement products are Restylane, Perlane and Teosyal and can last for up to 6 months.

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